

San Bernardino Valley College

Course Outline for NURS 190  
SELECTED STUDIES IN HEALTH SCIENCE

I. CATALOG DESCRIPTION

NURS 190 A-Z, Selected Studies in Health Science

.25-3 hours lecture and/or .75-3 hours laboratory = .25-3 units

Varying topics in the health field selected by the Health Science Division for currency and pertinence. Specific content of the course will be announced in the Schedule of Classes.

SCHEDULE DESCRIPTION: Same

PREREQUISITE: None

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One

III. EXPECTED OUTCOMES FOR STUDENTS

Upon completion of the course, the student should be able to:

- A. Identify and discuss key components of selected topic in health science.
- B. Discuss health science topic's relationship to current health needs or interests.
- C. Analyze implications of health science topic for health or illness prevention.
- D. If laboratory, develop related skill(s).

IV. CONTENT: (may vary with topics)

- A. History of health topic or health problem
  - 1. In California
  - 2. In United States vs. other world countries
- B. Demographics of health issue
  - 1. Local vs. state
  - 2. Local vs. U.S. or world
- C. Describe/define health topic
  - 1. Terminology
  - 2. Definition
  - 3. Pathology
  - 4. Cultural aspects
  - 5. Socioeconomic considerations
- D. Treatment or resolution of issue
  - 1. Therapies
  - 2. Citizen role
  - 3. Community involvement

V. METHODS OF INSTRUCTION (may vary with topic)

- A. Lecture
- B. Demonstration/return demonstration (if lab component)
- C. Discussion
- D. Analysis of current readings
- E. Media, computer programs
- F. Written Assignments
- G. Small group projects/field trip
- H. Field observation

- I. Case analysis
  - J. Supervised laboratory practice
- VI. TYPICAL ASSIGNMENTS (may vary with topic)
- A. Given a scenario describing a health related dilemma, the small group shall discuss and analyze situation and develop several approaches/solutions to deal with stated dilemma and give an oral report to the group.
  - B. Write a report of an assigned field interview of an individual with a chronic illness including the impact of the illness on their life and community resources to which they are linked.
- VII. EVALUATION
- A. Methods of Evaluation
    - 1. Evaluation of oral presentation, rating quality and completeness of information and content according to criteria.
    - 2. Evaluation of written report, rating completeness and quality of information according to stated criteria.
  - B. Frequency of evaluation
    - 1. Oral presentation done one time during course.
    - 2. Written report done at least twice during course.
- VIII. TYPICAL TEXT(S): (may vary with topic)
- Readings from articles in current journals in the field.
- IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None